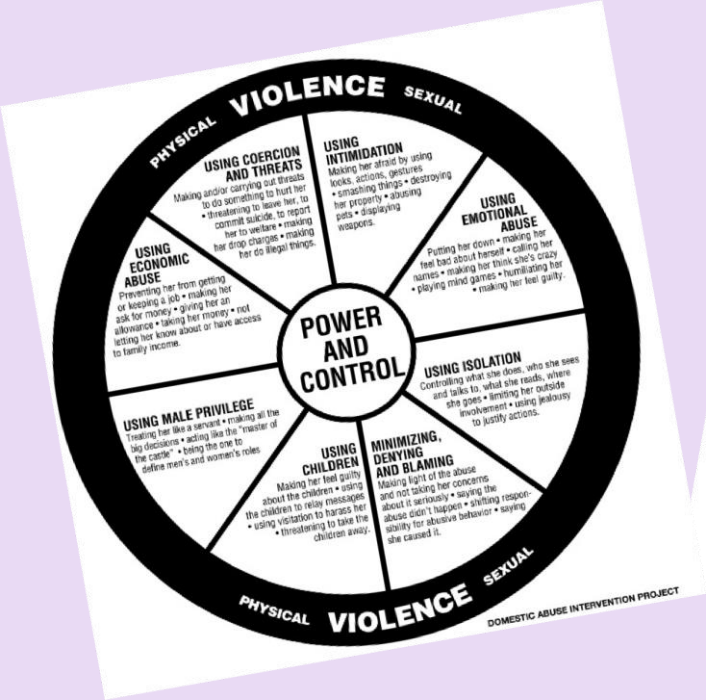
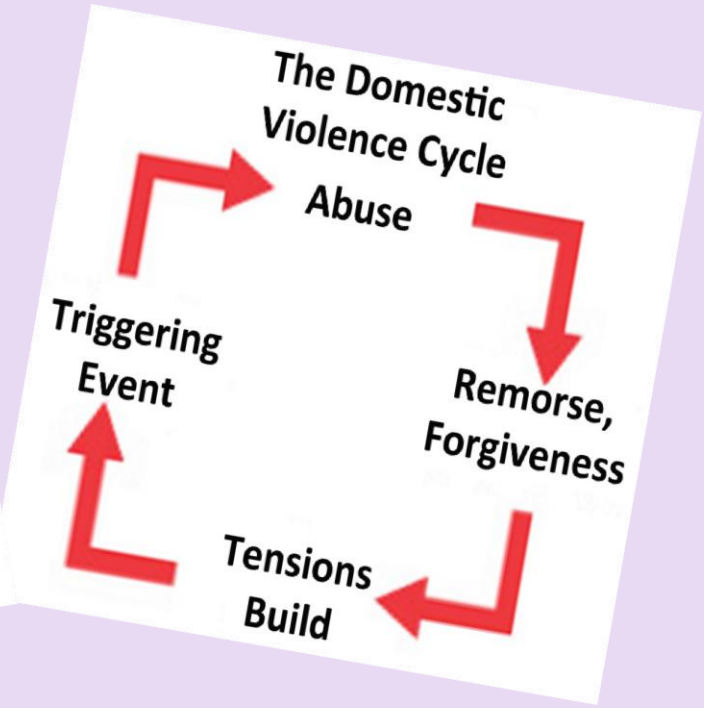
Women Healing the Wounds

The National Council of Catholic Women

Cares About Your Safety





You are not alone, there is help for you

Nearly 75% of men who abuse their partners also abuse their children. Many times they are forced to witness the abuse. Children who grow up in abusive households are 42% more likely to perpetuate the cycle of violence.

- ❖ **Make a safety plan**
- ❖ **Contact a local shelter**
- ❖ **It is not Your Fault**

1-800-799-SAFE (7233)

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